**TELL ME ABOUT YOUR DAY**

**VOCABULARY**

|  |  |  |
| --- | --- | --- |
| get up | put make-up on | wash the dishes |
| press the snooze button | **go to work** | chill out on the sofa |
| turn off the alarm | **start work at…** | feed the dog and the cat |
| wake up | have lunch | take the rubbish out |
| brushes her long hair | take a nap | **hang out with** |
| comb my hair | **finish work** | go to bed |
| brush your teeth | **go home** | set the alarm |
| take a shower | **arrive home** | **fall asleep** |
| get dressed | **have dinner** | **stay up late** |
| have breakfast |  |  |

**READING**

**Sarah**: John, tell me about your day. What time do you wake-up?

**John**: Well, let's see. Some days I wake up early. Maybe about 6 o'clock. Yeah, sometimes I wake up at 6 o'clock.

When I get up early, I like to get ready for the day, take a shower and have breakfast. But other days, I don't like getting up early. Maybe I'll sleep in until 10:00 or 11:00.

**Sarah**: Wow.

**John**: Yeah. I like sleeping in late. So sometimes, I wake up at 11:00. On those days, if I know I won't wake up until 11:00, I'll take a shower the night before, before I go to bed. How about you, Sarah? When do you usually wake up?

**Sarah**: Well, I like everyday to be the same. So I wake up everyday at 8 o'clock.

**John**: 8:00.

**Sarah**: 8:00. And I always do the same thing. First, I make coffee right away. Then I wake up my kids and we have breakfast together at about 8:30.

**John**: Really?

**Sarah**: Yes. We usually have something easy like bread and yogurt and fruit.

**John**: I like to have coffee every morning whether I wake up at 6:00 or at 10:00. I'm still going to have coffee. But I often skip breakfast. Do you always eat breakfast everyday?

**Sarah**: Yes. If I don't eat breakfast, I'm so hungry. What about lunch? What time do you have lunch?

**John**: Lunch is the same everyday for me. I always eat lunch at 12:30 PM. So whenever I wake up, I do some things and then I always have lunch at 12:30 PM, just half past noon. And I always have a simple lunch. Maybe some soup or spaghetti or a sandwich. Something light, and it's always at half past noon. What time do you eat lunch?

**Sarah**: That's interesting. I have breakfast at the same time everyday but lunch is always at a different time.

**John**: Really?

**Sarah**: Because I'm busy in the morning. I go out, maybe I go shopping. Sometimes, I clean the house. So I might have lunch at 11 o'clock or 12 o'clock. Sometimes as late as 2:30.

**John**: Oh, that's getting late.

**Sarah**: Yes. But it's always easy lunch like you. Maybe crackers and cheese or a sandwich or a baked potato.

**John**: I see.

**QUESTIONS**

1) Who wakes up at 6? http://www.elllo.org/english/beginner/blank.gif

 a) He does.  
 b) She does.  
 c) They both do.

2) Who sometimes sleeps in? http://www.elllo.org/english/beginner/blank.gif

 a) He does.  
 b) She does.  
 c) They both do.

3) She gets up at what time? http://www.elllo.org/english/beginner/blank.gif

 a) 6  
 b) 7  
 c) 8

4) Who usually eats breakfast? http://www.elllo.org/english/beginner/blank.gif

 a) He does.  
 b) She does.  
 c) They both do.

5) Who usually has a different lunch every day? http://www.elllo.org/english/beginner/blank.gif

 a) He does.  
 b) She does.  
 c) They both do.

6) When do you eat breakfast?

7) Who do you talk to every day?

8) Where do you buy your groceries?

9) What are some of the daily activities that you do at home?

10) What are some daily activities that you do at work?

11) What are some other daily activities that you do?

12) What are some weekly activities that you do?